

Long-Term Care Ombudsman Program

Directory of Licensed Facilities in Creek, Osage, and Tulsa Counties





LONG-TERM CARE OMBUDSMAN SUPERVISORS

For Tulsa, Creek and Osage Counties

Lesley Smiley	Cathy Sullins	Edward Jones
(918) 579-9448	(918) 579-9423	(918) 579-9471
lsmiley@incog.org	csullins@incog.org	ejones@incog.org

This directory is provided by INCOG Area Agency on Aging and the Long-Term Care Ombudsman Program. Funds were provided, in part, through a grant from the Oklahoma Department of Human Services, Aging Services Division, under provisions of the Older Americans Act of 1965, as amended. No person is excluded from participation in any program or denied any benefit on the basis of race, creed, color, religion, sex, national origin, age or disability.

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LONG-TERM CARE OMBUDSMAN PROGRAM

Definition of Ombudsman: The Ombudsman Program serves residents in Oklahoma, living in nursing homes, assisted living and residential care homes. An Ombudsman helps improve the quality of life and the quality of care available to residents.

A Long-Term Care (LTC) Ombudsman is a person who receives complaints from residents of long-term care facilities, their friends, relatives or agencies. The LTC Ombudsman attempts to resolve those complaints within the facility. The Ombudsman has the authority to explore problems and recommend corrective action.

Nature of the Program: The Ombudsman Program is supported by local volunteers committed to improving and enriching the lives of older persons in long-term care facilities. The Area Agency on Aging provides local supervision and support for the volunteers and additional support is provided by State Ombudsman Program Staff.

If you want to check complaint experience on a facility, call the LTC Ombudsman Supervisor for the area in which the facility is located.

Become an Ombudsman Volunteer: Are you concerned about the needs of older people? Are you able to work with many types of people? Are you willing and able to follow problems through to resolution? Are you interested in advocating for people living in nursing homes, assisted living or residential care facilities? If so, please contact one of our Ombudsman Supervisors: Lesley Smiley (918) 579-9448, Ismiley@incog.org or Cathy Sullins (918) 579-9423, csullins@incog.org.

CHECKLIST TO DETERMINE WHEN A PERSON NEEDS AN OMBUDSMAN'S HELP

A person may need the services of an Ombudsman prior to placing a loved one in a facility to:

- \checkmark Discuss the level of care that would benefit the resident.
- ✓ Check on the Ombudsman's experiences with the facility.
- ✓ Learn which facilities have specific services or amenities the resident will require.
- ✓ Request the "Director of Licensed Facilities in Creek, Osage and Tulsa Counties."
- ✓ Discuss sources of payment including Medicare/Medicaid guidelines.

After placing a person in a facility, an Ombudsman may be needed to:

- ✓ Request information regarding any aspect of resident life.
- ✓ File a complaint or to discuss a concern.
- ✓ Discuss state and federal laws and regulations.
- ✓ Protest notice of an involuntary transfer or discharge.
- ✓ Discuss Advance Directives (Living Wills) and Do Not Resuscitate (DNR) forms.
- ✓ Discuss the Living Choice Program.

The INCOG Area Agency on Aging has two full-time and one part-time LTC Ombudsman Supervisors that serve areas in Creek, Osage and Tulsa Counties.

Lesley Smiley, Ombudsman Supervisor	(918) 579-9448	lsmiley@incog.org	(full-time)
Cathy Sullins, Ombudsman Supervisor	(918) 579-9423	csullins@incog.org	(full-time)
Edward Jones, Ombudsman Supervisor	(918) 579-9471	ejones@incog.org	(part-time)

RESOURCE PAGE

- A. Nursing Home Compare and Oklahoma State Health Department Survey Information: <u>Find Healthcare Providers:</u> <u>Compare Care Near You | Medicare</u>
- B. Oklahoma Nursing Home Inspection: Long Term Care Surveys (ok.gov) At top of page on the left, click on "search" and select the type of facility you would like to research.
- C. Oklahoma Nursing Home Complaint Hotline: (800) 747-8419 or email: <u>ltccomplaints@health.ok.gov</u>
- D. Oklahoma Attorney General/Long-Term Care Ombudsman: 405-521-6734; ombudsman.intake.line@ltco.ok.gov
- E. Oklahoma Department of Human Services (OKDHS): <u>Human Services Department OKDHS (oklahoma.gov)</u>
- F. **OKDHS Community Living, Aging and Protective Services** (CAPS), formerly Aging Services. <u>Community Living, Aging</u> <u>and Protective Services (CAP) (oklahoma.gov)</u>
- G. INCOG Area Agency on Aging: INCOG | Tulsa, OK | Regional Partners Regional Solutions Phone: (918) 579-9477; Statewide Senior Info Line: (800) 211-2116.
- H. Alzheimer's Association, www.alz.org, 24/7 Helpline: (800) 272-3900; Oklahoma Chapter: Oklahoma Chapter (alz.org)
- I. National **Consumer Voice** for Quality Long-Term Care: <u>www.theconsumervoice.org</u>

WHAT IS A NURSING HOME?

Nursing Home Care Act Title 63 of the Oklahoma Statutes Section 1-1901 et. Seq. 2001 Amendments

The nursing facility provides 24-hour skilled care and related services for residents who require medical or nursing care. These facilities are licensed under the Nursing Home Care Act, 63 O.S. Supp. 1998, Section 1-1901 et seq., and the Regulations for Licensure of Nursing and Specialized Facilities, OAC 310:675.

Nursing facilities are designed to provide long-term nursing care or for persons convalescing from illness which are not appropriate for a hospital or available through home care programs or other alternatives. Besides providing 24-hour care, a room, meals, help with daily living and activities daily are included. Residents have health problems which keep them from living on their own and may require daily medical attention. Nursing facilities are expected to provide a high quality of life and care for all residents.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u>, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

NURSING HOME CHECKLIST

When trying to find a suitable nursing home, a checklist can assist the consumer in evaluating the nursing home that is visited. Use a checklist for each home you visit. It is recommended that the consumer visit two or three facilities if possible. When possible, the person who is going to live in the facility should be involved in the process of finding the facility in which they want to live.

- ✓ Is the nursing home Medicare-certified?
- ✓ Is the facility Medicaid-certified?
- ✓ Does the facility have the level of care needed, and is a bed available?
- ✓ Does the nursing home have special services if needed (e.g., dementia, ventilator)? Is a bed available?
- ✓ Is the nursing home located close enough for family and friends to visit?
- ✓ Are residents clean, appropriately dressed for the season or time of day, and well-groomed?
- ✓ Is the nursing home free from overwhelming unpleasant odors?
- ✓ Does the nursing home appear to be clean and well-kept?
- ✓ Is the temperature in the facility comfortable for the residents?
- ✓ Are the noise levels in the dining room and other common areas comfortable?
- ✓ Is there a smoking room for residents to use?
- ✓ Are the furnishings sturdy yet comfortable and attractive?
- ✓ May residents have personal belongings and/or furniture in their rooms?
- ✓ Are there policies and procedures to protect residents' possessions?
- ✓ Does the facility have quiet and private areas where residents can visit with friends and family?
- ✓ Are all common areas, resident rooms and doorways designed for wheelchair use?
- ✓ Are nutritious night snacks available?
- ✓ Does the facility have a variety of activities for residents?
- ✓ Does the relationship between the staff and residents appear to be caring, polite and respectful?
- ✓ Do you hear staff knocking on doors before entering a resident's room and refer to residents by name?
- ✓ Is the facility's annual State Health Department's Survey posted or in a notebook where you can read it?

WHAT IS A SKILLED NURSING FACILITY?

OBRA '87 (Omnibus Budget Reconciliation Act of 1987) amends the Medicare provisions of the Social Security Act, found at section 1819 of the Act. OBRA's Medicare requirements are also contained in the United States code, at volume 42, section 1395i-3.

As found in the Omnibus Budget Reconciliation Act of 1987 as amended through 1991 Medicare Requirements: 1395i-3. Requirements for, and assuring quality of care in, skilled nursing facilities:

Skilled Nursing Facility Defined

- (a) In this subchapter, the term "skilled nursing facility" means an institution (or a distinct part of an institution) which:
 - (1) Is primarily engaged in providing to residents:
 - a. Skilled nursing care and related services for residents who require medical or nursing care.
 - b. Rehabilitation services for the rehabilitation of injured, disabled or sick persons, and is not primarily for the care and treatment of mental diseases.
 - (2) Has in effect a transfer agreement (meeting the requirements of section 1395x(I) or this title) with one or more hospitals having agreements in effect under section 1395c of this title and
 - (3) Meets the requirements for a skilled nursing facility described in subsections (b), (c) and (d) of this section.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u> and the <u>Long-Term Care Provider Survey/Inspection Results</u>.

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Arbor Village NH 1903 310 W. Taft Ave. Sapulpa, OK 74066 Admin: Ernie Johnson Ombudsman: Lesley Smiley	(918) 224-6012	YES	YES	142	 Respite care Hospice available PT, OT, ST Rehab Secured exits
Aspen Health & Rehab NH 7261 1251 W. Houston St. Broken Arrow, OK 74012 Admin: Sarah Rose-Brownfield Ombudsman: Lesley Smiley	(539) 367-4500	YES	YES	126	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Baptist Village of Owasso Evergreen Care Center CC 7206 12600 E. 73 rd Street North Owasso, OK 74055 Admin: Mitzi Epperson Ombudsman: Edward Jones	(918) 272-8007	YES	YES	120	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Beacon Ridge NH 1902 102 E. Line Ave. Sapulpa, OK 74066 Admin: Richard Manganya Ombudsman: Lesley Smiley	(918) 216-1811	YES	YES	69	• Senior mental health facility

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Broken Arrow Nursing Home NH 7205 424 N. Date Ave. Broken Arrow, OK 74012 Admin: Paulie Cooper Pourman Ombudsman: Cathy Sullins	(918) 251-5343	YES	YES	101	 Respite care minimum 10 days Hospice available PT, OT, ST Rehab Smoke-free building
Cedarcrest Care Center NH 7224 1306 E. College St. Broken Arrow, OK 74012 Admin: LaDonna Ross Ombudsman: Cathy Sullins	(918) 251-3200	YES	YES	80	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits
Ignite Medical Resort (formerly Cearu) NH 7262 8720 S. 101 st E. Ave. Tulsa, OK 74133 Admin: Jennifer Hart Ombudsman: Edward Jones	(918) 965-0101	YES	YES	102	 OT, PT, ST Smoke-free
Cimarron Pointe Care Center NH 1907 404 E. Cimarron Drive Mannford, OK 74044 Admin: Sheila Hawk Ombudsman: Lesley Smiley	(918) 865-7701	YES	YES	92	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Colonial Manor Nursing Home NH 7208 1815 E. Skelly Drive Tulsa, OK 74105 Executive Director: Terri Mullins Ombudsman: Cathy Sullins	(918) 743-7838	YES	YES	120	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Covenant Living at Inverness CC 1902 3800 W. 71 st Street Tulsa, OK 74132 Interim Admin: Jacob Will Ombudsman: Cathy Sullins	(918) 481-9988	YES	NO	44	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Drumright Nursing Home NH 1901 701 N. Bristow Avenue Drumright, OK 74030 Admin: Brian Shane Ombudsman: Lesley Smiley	(918) 352-3249	YES	YES	133	 Respite care Hospice available PT, OT, ST Rehab
Emerald Care Center Tulsa NH 7210 2425 S. Memorial Drive Tulsa, OK 74129 Admin: Julie Justice Ombudsman: Lesley Smiley	(918) 628-0932	YES	YES	118	 PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Fairfax Behavioral Health and Memory Care Community NH 5702 701 W. Taft Fairfax, OK 74637 Admin: Jennifer Richmond Ombudsman: Lesley Smiley	(918) 642-3234	YES	YES	60	 Respite care Hospice available PT, OT, ST Rehab Smoke-free building
Forest Hills Care & Rehab Center NH 7244 4300 W. Houston Street Broken Arrow, OK 74012 Admin: Dwayne Hill Ombudsman: Cathy Sullins	(918) 254-5000	YES	YES	159	 Respite care Hospice available PT, OT, ST Rehab Smoke-free building
Franciscan Villa CC 7202 17110 E. 51 st Street Broken Arrow, OK 74012 Admin: Crystal Gormley Ombudsman: Edward Jones	(918) 355-1596	YES	YES	80	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Advantage Program Smoke-free building
Glenwood Healthcare NH 7233 1700 E. 141 st Street Glenpool, OK 74033 Admin: Richard Moravek Ombudsman: Edward Jones	(918) 291-4230	YES	YES	119	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Grace Skilled Nursing & Therapy NH 7202 711 North Fifth Street Jenks, OK 74037 Admin: Jamelah "Jay" Fortenberry Ombudsman: Edward Jones	(918) 299-8508	YES	YES	187	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Secured exits

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Gracewood Health and Rehab NH 7229 6201 E. 36 th Street Tulsa, OK 74135 Interim Admin: Destiny Gullick Ombudsman: Cathy Sullins	(918) 622-3430	YES	YES	121	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Green Country Care Center NH 7204 3601 N. Columbia Avenue Tulsa, OK 74110 Admin: Jerry Cliff Ombudsman: Edward Jones	(918) 428-3600	YES	YES	114	 Advantage respite care Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Leisure Village NH 7216 2154 S. 85 th East Avenue Tulsa, OK 74129 Admin: Daniqua Hill Ombudsman: Lesley Smiley	(918) 622-4747	YES	YES	117	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Maplewood Care Center NH 7226 6202 E. 61 st Street Tulsa, OK 74136 Admin: Merrideth Harper Ombudsman: Edward Jones	(918) 494-8830	YES	YES	149	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Montereau CC 7204 6800 S. Granite Avenue Tulsa, OK 74136 Admin: Tracie Nail Ombudsman: Lesley Smiley	(918) 491-5200	YES	NO	74	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
North County Nursing & Rehab NH 7207 2300 W. Broadway Collinsville, OK 74021 Interim Admin: Sam Gillespie Ombudsman: Cathy Sullins	(918) 371-2545	YES	YES	85	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Advantage Program Smoke-free building
Oklahoma Memory Care Institute NH 7209 3333 E. 28 th Street Tulsa, OK 74114 Admin: Michael Rife Ombudsman: Lesley Smiley	(918) 203-0606	YES	YES	56	Memory Care only
Rainbow Health Care Community CC 1901 111 E. Washington Avenue Bristow, OK 74010 Admin: Ryan Alsup Ombudsman: Lesley Smiley	(918) 367-2246	YES	YES	106	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Saint Simeon's Episcopal Home CC 7205 3701 M.L.K., Jr. Blvd. Tulsa, OK 74106 Interim Admin: Angela Green Ombudsman: Lesley Smiley	(918) 425-3583	YES	NO	109	 Hospice available PT, OT, ST Rehab Alzheimer's unit
Sand Springs Nursing & Rehab NH 7217 1025 N. Adams Road Sand Springs, OK 74063 Admin: Melinda Hurst Ombudsman: Lesley Smiley	(918) 245-5908	YES	YES	213	 Hospice available PT, OT, ST Rehab Secured exits Residents' smoking room Respite care
Senior Suites NH 7214 3501 W. Washington Street Broken Arrow, OK 74012 Interim Admin: Chervyl Jacob Ombudsman: Cathy Sullins	(918) 250-5405	YES	YES	52	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Sequoyah Pointe Living Center NH 7242 8515 N. 123 rd E. Avenue Owasso, OK 74055 Admin: Brooke Howard Ombudsman: Cathy Sullins	(918) 272-5151	YES	YES	92	 Respite care Hospice available PT, OT, ST Rehab Secured exits

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Sherwood Manor NH 7225 2416 W. 51 st Street Tulsa, OK 74107 Admin: Darlene Kindle Ombudsman: Lesley Smiley	(918) 446-4284	YES	YES	102	 Respite care Hospice available PT, OT, ST Rehab Secured exits Residents' smoking room
Skiatook Nursing Home NH 5705 318 S. Cherry Street Skiatook, OK 74070 Admin: Melissa Johnson Ombudsman: Cathy Sullins	(918) 396-2149	YES	YES	70	 Respite care Hospice available PT, OT, ST Rehab
Southern Hills Rehab Center NH 7227 5170 S. Vandalia Avenue Tulsa, OK 74135 Admin: Christy Aubrey Ombudsman: Edward Jones	(918) 496-3963	YES	YES	118	 Respite care Hospice available PT, OT, ST Rehab
The AmbassadorNH 72011340 E. 61stTulsa, OK 74136Admin: Rebecca MurrayOmbudsman: Cathy Sullins	(918) 743-8978	YES	YES	171	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits
The Cottage at Woodland Hills NH 7253 7707 S. Memorial Drive Tulsa, OK 74133 Admin: David Barrett Ombudsman: Edward Jones	(918) 250-8571	YES	YES	176	 Hospice available PT, OT, ST Rehab Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
The Gardens NH 1906 1165 Brenner Road Sapulpa, OK 74066 Admin: Candace Barnes Ombudsman: Lesley Smiley	(918) 224-0600	YES	YES	80	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
The Highlands at Owasso NH 7259 10098 N. 123 rd E. Avenue Owasso, OK 74055 Admin: Terrence Gibson Ombudsman: Cathy Sullins	(918) 928-4800	YES	YES	105	Safe RoomVan transportationRehab
The Villages at Southern Hills CC 7207 5721 S. Lewis Avenue Tulsa, OK 74105 Admin: Lee Sudbeck Ombudsman: Cathy Sullins	(918) 447-6447	YES	YES	110	 Respite care Hospice available PT, OT, ST Rehab Secured & scheduled exits Scheduled transportation Lifetime wellness Smoke-free campus
Trinity Woods NH 7218 4134 E 31 st St Tulsa, OK 74135 Admin: Emilie Creswell Ombudsman: Lesley Smiley	(918) 743-2565	YES	YES	84	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Tulsa Nursing Center NH 7230 10912 E 14 th St Tulsa, OK 74128 Admin: Susan Crimmins Ombudsman: Cathy Sullins	(918) 438-2440	YES	YES	104	 Respite care Hospice available PT, OT, ST Rehab Secured & scheduled exits Scheduled transportation Lifetime wellness
University Village NH 7213 8555 S. Lewis Avenue Tulsa, OK 74137 Admin: Tammy Brown Ombudsman: Lesley Smiley	(918) 299-2661	YES	YES	80	 Parkinson's program Respite care Hospice available PT, OT, ST Rehab Smoke-free building
Village Health Care Center NH 7228 1709 S. Main Street Broken Arrow, OK 74012 Admin: Patty Woodhouse Ombudsman: Lesley Smiley	(918) 251-2626	YES	YES	80	 Respite care Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Zarrow Pointe CC 7203 2025 E. 71 st Street Tulsa, OK 74136 Admin: Mathew Snyder Ombudsman: Cathy Sullins	(918) 496-8333	YES	NO	62	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

CONTINUUM OF CARE

What is a Continuum of Care Facility?

Continuum of Care and Assisted Living 66 O.S. Supp. 1998, Section 1-890. 1 et qes., and the Continuum of Care and Assisted Living Rules OAC 310:663

"Continuum of care facility" means a home, establishment or institution providing nursing facility services as defined in Section 1-1902 of Title 63 of the Oklahoma Statutes and one or both of the following:

(A) Assisted Living center services as defined in the Continuum of Care and Assisted Living Act; and

(B) Adult Day Care center services as defined in Section 1-872 of Title 63 of the Oklahoma Statutes 63: I-890.2.4.)

Continuum of care facilities gives the consumer a choice of settings that can be adjusted to meet their needs and capabilities. When living in a continuum of care, residents might not have to be discharged based on short-term variations in their health status or ability to ambulate. This type of facility combines the services of a nursing home with an assisted living center or an adult day care center.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u>, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Baptist Village of Owasso Evergreen Care Center CC 7206 12600 E. 73 rd Street North Owasso, OK 74055 Admin: Mitzi Epperson Ombudsman: Edward Jones	(918) 272-8007	YES	YES	120	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Covenant Living at Inverness CC 1902 3800 W. 71 st Street Tulsa, OK 74132 Interim Admin: Jacob Will Ombudsman: Cathy Sullins	(918) 481-9988	YES	NO	135	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building
Franciscan Villa CC 7202 17110 E. 51 st Street Broken Arrow, OK 74012 Admin: Crystal Gormley Ombudsman: Edward Jones	(918) 355-1596	YES	YES	165	 Respite care Separate unit for Alzheimer's/Dementia Hospice available Veteran Approved PT, OT, ST Rehab, smoke-free
Montereau CC 7204 6800 S. Granite Avenue Tulsa, OK 74136 Admin: Tracie Nail Ombudsman: Lesley Smiley	(918) 491-5288	YES	NO	194	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits, Smoke-free bldg
Rainbow Health Care Community CC 1901 111 E. Washington Avenue Bristow, OK 74010 Admin: Ryan Alsup Ombudsman: Lesley Smiley	(918) 367-2246	YES	YES	106	 Respite care Separate unit for Alzheimer's/Dementia Hospice available PT, OT, ST Rehab Secured exits

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Saint Simeon's Episcopal Home CC 7205 3701 M.L.K., Jr. Blvd. Tulsa, OK 74106 Interim Admin: Angela Green Ombudsman: Lesley Smiley	(918) 425-3583	YES	NO	55	 Respite care Hospice available Veteran Approved PT, OT, ST Rehab Alzheimer's unit
The Villages at Southern Hills CC 7207 5721 S. Lewis Avenue Tulsa, OK 74105 Admin: Lee Sudbeck Ombudsman: Cathy Sullins	(918) 447-6447	YES	YES	100	 Respite care Hospice available PT, OT, ST Rehab Secured & scheduled exits Scheduled transportation Lifetime wellness Smoke-free campus
Zarrow Pointe CC 7203 2025 E. 71 st Street Tulsa, OK 74136 Admin: Mathew Snyder Ombudsman: Cathy Sullins	(918) 496-8333	YES	NO	62	 Hospice available PT, OT, ST Rehab Secured exits Smoke-free building

ASSISTED LIVING

What is an Assisted Living Facility?

Title 310. Oklahoma State Department of Health, Chapter 663. Continuum of Care and Assisted Living

Assisted living means any home or establishment offering, coordinating or providing services to two or more persons who are domiciled therein; are unrelated to the operator; by choice or functional impairments, need assistance with personal care or nursing supervision; may need intermittent or unscheduled nursing care; may need medication assistance; and may need assistance with the transfer and ambulation as defined in Section 310.663-1-2 of the Oklahoma Statues. (63: 1-890.1.1.)

Costs vary with the residence, unit size and the types of services needed by the residents. Medicaid does not cover costs of assisted living facilities. Also, pay close attention to contracts or agreements as they differ from facility to facility.

What types of services are offered in Assisted Living Facilities?

- Three meals per day in a common dining area.
- Housekeeping services.
- Transportation.
- Assistance with Activities of Daily Living (ADL): eating, bathing, dressing, toileting and mobility.
- 24-hour security and staff availability.
- Medication management.
- Emergency call systems for each resident's unit.
- Social and recreational activities.
- Personal laundry services.

For more information on Assisted Living in Oklahoma, contact the Oklahoma Assisted Living Association at <u>www.okala.org</u> or by calling (405) 235-5000 or contact Argentum (formerly the Assisted Living Federation of America) at <u>www.argentum.org</u>

ASSISTED LIVING FACILITY CHECKLIST

Costs vary with the residence, unit size and the types of services needed by the resident. Medicaid does not cover costs of assisted living facilities. Also, <u>pay close attention to contracts or agreements as they differ from facility to facility</u>. The following is a consumer checklist of important services, amenities and accommodations in assisted living communities. Every community is unique. Each provider should have copies of their resident contract outlining, at a minimum, services, prices, extra charges, admission and discharge criteria. Consider the following as you assess an assisted living residence:

- ✓ Did you receive a warm greeting from staff welcoming you to the residence?
- ✓ Do residents socialize with each other and appear happy and comfortable?
- ✓ Is a contractual agreement available that discloses health care and supportive services, all fees, as well as admission and discharge provisions?
- ✓ Are additional services available if the resident's needs change?
- ✓ Are there different costs for various levels or categories of services?
- ✓ Is there evidence of an organized activities program, such as a posted daily schedule, events in progress, reading materials, visitors, etc.?
- ✓ Are there set time for meals? If so, when are they?
- ✓ Are residents able to bring their own furnishings for their unit? What is provided? May residents decorate their own units?
- ✓ Is the residence clean, free of odors and appropriately heated/cooled?
- ✓ To what extent are medical services available and how are these services provided?
- ✓ Can the residence provide a list of services available?
- ✓ Does the residence provide housekeeping and/or personal laundry and linen services in the resident's units?
- ✓ Does the residence provide transportation to doctor's offices, shopping and other activities desired by residents?
- ✓ Are there various sizes and types of units available?

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Aberdeen Heights	(918) 496-0123	AL 7201	120	Administrator: Cheryl Ledbetter
7220 S. Yale				
Tulsa, OK 74136				
Ombudsman: Lesley Smiley				
Baptist Village of Broken Arrow	(918) 355-0099	AL 7259	48	Administrator: Monty Baggett
The Neighborhoods				
3801 N. Birch Avenue				Memory Care unit
Broken Arrow, OK 74012				
Ombudsman: Lesley Smiley				
Baptist Village of Owasso	(918) 272-8007	CC 7206	65	Administrator Mitzi Epperson
Liberty Place (Assisted Living)				
7310 N. 127 th E. Avenue				
Owasso, OK 74055				
Ombudsman: Edward Jones				
Baptist Village of Owasso	(918) 272-2281	CC 7206	20	Administrator: Mitzi Epperson
Thompson Family Neighborhood				
(Assisted Living Memory Care)				
12317 E. 73 rd Street North				
Owasso, OK 74055				
Ombudsman: Edward Jones				
BeeHive Homes of Broken Arrow	(918) 505-9995	AL 7269	22	Administrator: Trisha Matos
3200 W. Washington Street				
Broken Arrow, OK 74012				
Ombudsman: Lesley Smiley				
BeeHive Homes of Glenpool	(918) 701-3709	#1, AL 7242	24	Administrator: Lisa Meacham
12570 Vancouver Avenue				
Glenpool, OK 74033		#2, AL 7143	26	
Ombudsman: Lesley Smiley				

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
BeeHive Homes of South Tulsa 10201 S Yale Avenue Tulsa, OK 74137		AL	30	
Ombudsman: Lesley Smiley				
Bellarose Senior Living 18001 E. 51 st Street Tulsa, OK 74134 Ombudsman: Edward Jones	(918) 355-0151	AL 7240	110	Administrator: Sandra Brown
Brookdale Broken Arrow 4011 S. Aspen Broken Arrow, OK 74011 Ombudsman: Edward Jones	(918) 451-1987	AL 7204	80	Executive Director: Kari Willard
Brookdale Owasso 12807 E. 86 th Place North Owasso, OK 74055 Ombudsman: Cathy Sullins	(918) 272-0202	AL 7207	43	Executive Director: Tyler Watts
Canoe Brook Broken Arrow Assisted Living 2621 S. Elm Place Broken Arrow, OK 74012 Ombudsman: Edward Jones	(918) 451-9626	AL 7262	45	Executive Director: Darrell Parke Accepts Advantage
Cedar Ridge Senior Living 10107 S. Garnett Broken Arrow, OK 74011 Ombudsman: Cathy Sullins	(918) 252-0590	AL 7256	74	Executive Director Kari Lazear Memory Care unit

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Chapters Living of Tulsa South 7807 S. Mingo Road Tulsa, OK 74133	(918) 249-1300	AL 7238	46	Executive Director: Rachel Ray
Ombudsman: Edward Jones Comprehensive Community Rehab Services 10018 E. 29 th Street Tulsa, OK 74129 Ombudsman: Cathy Sullins	(918) 574-8833	AL 7219	6	Administrator: Courtney Willis
Covenant Living at Inverness 3800 W. 71 st Street South Tulsa, OK 74132 Ombudsman: Cathy Sullins	(918) 481-9988	CC 1902	47	Administrator: Cindy Ivy
Covenant Living of Bixby 7300 E. 121 st Place South Bixby, OK 74008 Ombudsman: Lesley Smiley	(918) 970-4433	AL 7264	68	Administrator: Patricia Behrens
Forest Hills Assisted Living 4304 W. Houston St. Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	(918) 250-1700	AL 7211	42	Administrator: Amber Chavez Accepts Advantage.
Franciscan Villa 17110 E. 51 st South Broken Arrow, OK 74012 Ombudsman: Edward Jones	(918) 355-1596	CC 7202		Admin: Crystal Gormley Accepts Advantage.
Green Tree at Sand Springs 4204 S. 129 th W. Avenue Sand Springs, OK 74063 Ombudsman: Edward Jones	(918) 246-8733	AL 7228	68	Administrator: Tammy Richards Memory Care unit

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Homestead of Owasso	(918) 376-2226	AL 7225	60	Executive Director: Joe Pomeroy
14701 E. 86 th St. North				
Owasso, OK 74055				Memory Care unit
Ombudsman: Cathy Sullins				
Iris Memory Care	(918) 940-1800	AL 7266	57	Administrator: Debra Lovelace
9494 E. 101 st Street				
Tulsa, OK 74133				
Ombudsman: Lesley Smiley				
Legend at Mingo Road	(918) 893-3500	AL 7261	85	Residence Director: Cheryl Ledbetter
7902 S. Mingo Road				
Tulsa, OK 74133				Memory Care unit
Ombudsman: Edward Jones				
Legend at Tulsa Hills	(918) 588-3600	AL 1103	95	Interim Res Director: Sarah Oldham
701 West 71 st Street South				
Tulsa, OK 74133				Memory Care unit
Ombudsman: Cathy Sullins				
Living Rose Christian Assisted	(918) 851-7906	AL 7260	5	Administrator: Tammy Spinazzola
Living Home				
1108 North Fern Avenue				
Broken Arrow, OK 74012				
Ombudsman: Cathy Sullins				
Montereau (The Villa Assisted	(918) 491-5288	CC 7204	90	Administrator: Tracie Nail
Living)				
6800 S Granite				
Tulsa, OK 74136				
Ombudsman: Lesley Smiley				

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
North County Assisted Living 523 North 22 nd Street	(918) 371-1919	AL 7218	35	Executive Director: Dinah Donley
Collinsville, OK 74021 Ombudsman: Cathy Sullins				Accepts Advantage
Oxford Glen Memory Care 11113 E 103 rd St. North Owasso, OK 74055 Ombudsman: Cathy Sullins	(918) 376-0960	AL 7239	42	Exec. Director: Elizabeth WhiteCloud
Oxford Springs Assisted Living 8231 S Mingo Road Tulsa, OK 74133 Ombudsman: Edward Jones	(918) 600-0924	AL 7205	43	Executive Director: Michelle Netters
Oxford Springs Memory Care 6022 E 71 st Street Tulsa, OK 74136 Ombudsman: Edward Jones	(918) 494-4011	AL 7206	52	Executive Director: Michelle Netters
Prairie House Assisted Living & Memory Care 2450 N Stone Ridge Drive Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	(918) 940-5200	AL 7241	105	Administrator: Zach Henson
Rainbow Assisted Living 111 E Washington Bristow, OK 74010 Ombudsman: Lesley Smiley	(918) 367-6500	CC 7205	20	Administrator: Ryan Alsup

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Saint Simeon's 3701 Martin Luther King, Jr. Blvd Tulsa, OK 74106 Ombudsman: Lesley Smiley	(918) 425-3583	CC 7205	88	Interim Admin: Angela Green
Sand Plum Assisted Living 9999 E. 121 st Bixby, OK 74008 Ombudsman: Edward Jones	(918) 369-7100	AL 7229	100	Administrator: Dani Woodland Accepts Advantage.
The Courtyards at The Ambassador 1380 E. 61 st Street Tulsa, OK 74136 Ombudsman: Cathy Sullins	(918) 743-7887	AL 7210	75	Administrator: Magen James
The Grove at Midtown 5211 South Lewis Tulsa, OK 74105 Ombudsman: Cathy Sullins	(918) 743-2700	AL 721	120	Area Dir., Operations: Jennifer Braun
The Parke 7821 E. 76 th Street Tulsa, OK 74133 Ombudsman: Edward Jones	(918) 249-1262	AL 7208	70	Administrator: Michayne Morris
The Stonehaven Assisted Living & Memory Care 10802 E 81 st St Tulsa, OK 74133 Ombudsman: Lesley Smiley	(918) 203-0210	AL 7267	142	Administrator: Jessica Bolen

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
The Villages at Southern Hills	(918) 447-6447	CC 7207	100	Administrator: Lee Sudbeck
5721 S. Lewis				
Tulsa, OK 74105				Accepts Advantage.
Ombudsman: Cathy Sullins				
Trinity Woods 3130 S. Sandusky Avenue Tulsa, OK 74135 Ombudsman: Lesley Smiley	(918) 743-2565	AL 7226	50	Administrator: Brittani Chappell
University Village 8555 S. Lewis Tulsa, OK 74137 Ombudsman: Lesley Smiley	(918) 299-2661	AL 7214	100	Administrator: Ron Ballmer
Zarrow Pointe 2025 E. 72 nd Street Tulsa, OK 74136 Ombudsman: Cathy Sullins	(918) 496-8333	CC 7203	61	Administrator: Mathew Snyder

RESIDENTIAL CARE

What is a Residential Care Facility?

Nursing Home Care Act Title 63 of the Oklahoma Statutes Section 1-1901 et. Seq. with 2001 Amendment 63-1-1902. Definitions.

"Residential care home" means any home, establishment or institution licenses pursuant to the provisions of the Residential Care Act other than a hotel, motel, fraternity or sorority house, or college or university dormitory, which offers or provides residential accommodations, food service, and supportive assistance to any of its residents or houses any resident requiring supportive assistance. The resident shall be persons who are ambulatory and essentially capable of managing their own affairs, but who do not routinely require nursing care; provided, the term "residential care home" shall not mean a hotel, motel, fraternity or sorority house, or college or university dormitory, if the facility operates in a manner customary to its description and does not house any person who requires supportive assistance from the facility in order to meet an adequate level of daily living.

A residential care home may provide assistance with meals, dressing, bathing, and other personal needs, and it may assist in the administration of medications. However, it cannot provide medical care. Residents need to be ambulatory. Some residential care homes are located in large facilities while others are in small homes. Medicaid does not pay for people to live in residential care facilities.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at <u>www.medicare.gov</u>, National Consumer Voice for Quality Long-Term Care at <u>www.theconsumervoice.org</u>, AARP Nursing Home Resource at <u>www.aarp.org</u>, and Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at <u>www.ok.gov/health/</u>, go to "Long Term Care Inspection Surveys" under, "Online Services."

Name/Address	Code Residential Care	Phone	Number of Beds	Administrator/Comments
House of Eden 2604 North MLK Jr Blvd. Tulsa, OK 74106 Ombudsman: Lesley Smiley	RC 7281	539-867-1531	16	Executive Director: Darlene Reynolds

INTERMEDIATE CARE FACILITY FOR INDIVIDUALS WITH INTELLECTUAL DISABILITIES (ICFIID)

What is an Intermediate Care Facility for Individuals with Intellectual Disabilities?

Title 310. Oklahoma State Department of Health: Chapter 675. Nursing and Specialized Facilities. Subchapter 11. Intermediate Care Facilities of 16 beds and less for Individuals with Intellectual Disabilities (ICF/IID-16) Section 310:675-11-1. Scope

This Subchapter is applicable to small facilities serving individuals with intellectual disabilities which provide residential accommodations and transitional living training to aid residents in adapting to live in the general society. Resident accommodations are limited to not more than 16 residents, plus any required "live-in" staff. Facilities qualifying under this subsection shall be exempt from other subsections of this Chapter, except for the definitions provided in 310:675-1-2 and as may be specifically referenced in this subsection. In addition to these requirements, all facilities must meet the provisions of the Nursing Home Care Act.

(Amended at 26 OK Reg 2059; amended at 36 Ok Reg 1748, eff 9-13-19.)

ICFID (Intermediate Care Facilities for Individuals with Disabilities) is a specialized facility providing health care or rehabilitation services to individuals with mental retardation or developmental disabilities.

"A specialized facility is any home, establishment or institution that offers or provides inpatient long-term care services on a 24 hour basis to a limited category of persons requiring such services, including but not limited to a facility providing health or habilitation services for persons who have mental retardation or developmental disabilities."

You can find the definition of specialized facility in the Nursing Home Care Act and also in CODE policy. ICFID is not defined within those acts, but for the purpose of the Directory, the specialized facility is applicable. For more information regarding ICFID facilities, please go to http://www.cms.gov/manuals/downloads/som107ap_i_intermcare.pdf

Name/Address	Code	Phone	Number of Beds	Administrator/Comments
Gatesway Foundation, Inc. 1217 E. College Street Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7212	(918) 259-1445	69	Administrator: Brandon Albright
Gatesway Foundation, Inc. II 1217 E. College Street Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7236	(918) 258-3900	16	Administrator: Brandon Albright
Gatesway Foundation, Inc. III 1401 E. College Street Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7252	(918) 258-3900	3	Administrator: Brandon Albright
Gatesway Foundation, Inc. IV 1301 E. Ray Miller Jr. Loop Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 257	(918) 258-3900	8	Administrator: Brandon Albright
Gatesway Foundation, Inc. V 1305 E. Ray Miller Jr. Loop Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7258	(918) 258-3900	8	Administrator: Brandon Albright
Paddington Place 76 West Rachel Bixby, OK 74008 Ombudsman: Edward Jones	Cottage 1: NH 7263 Cottage 2: NH 7264 Cottage 3: NH 7265 Cottage 4: NH 7266	(918) 290-3401	32	Administrator: Lauren Evans